

## Scald Prevention

- Set water heater temperature to no higher than 120 degrees
- Check bathwater temperature, water should be warm not hot
- Place your child facing away from the water faucet
- Never leave your child unattended



# Home Fire and Burn Prevention

**SafeKids Greater Sacramento  
We're All In This Together  
May 12, 2020  
10:00 AM PST / 1:00 PM EST**

# Increase in Child Burns

## STAYING HOME

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## CAUSING AN INCREASE IN BURNS

The Firefighters Burn Institute Regional Burn Center at UC Davis Medical Center has seen a drastic increase in the amount of patients since the state's stay-at-home order took effect. During this time, Shriners Hospital for Children - Northern California has also seen an increase in patients with burns related to at home injuries.

**Causes of burns at Shriners Hospital for Children - Northern CA  
March 10 - April 15**

**46%**

Hot Food  
and  
Drink

**30%**

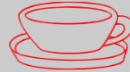
Household  
Appliances and  
Other Heat  
Sources

**24%**

Hot Tap  
Water and  
Other Fluids

**Average age of burn patient is 2 years old**

Statistics provided by Shriners Hospital in a report done on April 16, 2020.



- Keep hot liquids away from a child's reach.



- Keep a 3-foot child-free zone away from the oven.



- Turn pot and pan handles away from stove top edges. Do not put anything flammable close to a heat source.



- Be careful when microwaving food. Food will be extremely hot and steam can burn as bad as fire.



- Wait a few minutes before removing hot liquids from a microwave.



- Do not cook when your thought process is impaired.

### Burn Treatment

- 1) Remove yourself from the source of the burn.
- 2) Rinse the injured area with room temperature, clean, water for 15 to 20 minutes.
- 3) Cover it with clean gauze or a wrap.



# Home Fire Safety Week

- Split into 5 different major categories of the home where dangers are present (5 day spirit week).
- Each day had a major topic with each topic having sub categories to post on.
- Messages shared on Facebook and Twitter with info graphics and text posts.



# 5 Categories



Today is the first day of our Home Fire Safety Spirit Week!

We will be posting safety tips throughout the day.

Today's topic is:  
**KITCHEN SAFETY**

WE WILL BE DISCUSSING

- COOKING SAFETY
- CHILD FREE ZONES
- KITCHEN FIRES



Welcome to the second day of our Home Fire Safety Spirit Week!

Today's topic is:  
**Living Room Safety**

WE WILL BE DISCUSSING

- HEATING SAFETY
- ELECTRICAL SAFETY
- SMOKE AND CARBON MONOXIDE ALARMS



Welcome to the third day of our Home Fire Safety Spirit Week!

Today's topic is:  
**Bathroom Safety**

WE WILL BE DISCUSSING

- APPLIANCE SAFETY
- SCALD PREVENTION



Welcome to the fourth day of our Home Fire Safety Spirit Week!

Today's topic is:  
**Backyard Safety**

WE WILL BE DISCUSSING

- GRILLING SAFETY
- ELECTRICAL SAFETY
- FIRE PIT SAFETY



Welcome to the last day of our Home Fire Safety Spirit Week!

Today's topic is:  
**Emergency Planning**

WE WILL BE DISCUSSING

- HOME ESCAPE PLANS
- EVACUATION PLANS
- CALLING 9-1-1



# Resources

- <https://ffburn.org/public-education-resources>
  - All Home Fire Safety Spirit Week info graphics are available along with other resources.
- [www.StratgicFire.org/coronavirus](http://www.StratgicFire.org/coronavirus)
- <https://www.usfa.fema.gov/coronavirus/index.html>
- <https://www.safekids.org/coronavirus-resources-keep-kids-safe-injuries>
- <http://ameriburn.org/wp-content/uploads/2017/04/summersafetyeducatorsguide.pdf>
- <http://www.sparkyschoolhouse.org/>
- <https://www.nfpa.org/Public-Education/Teaching-tools>
- <https://www.safewise.com/blog/kids-kitchen-safety-tips/>
- <https://www.usfa.fema.gov/prevention/outreach/escape.html>

# Canva.com

- Most templates are free
- Most images are free
- Free uploading capability of your own images

## Evacuation Plan

- Develop a family communication plan
- Assemble a “go bag”
- Know at least two ways out of your community
- Have at least a half tank of gas in your car at all times
- Have an emergency kit in your car
- Have a plan for your pets



## Grilling Safety

- Should only be used outdoors
- Keep children and pets 3 feet away from the grill at all times
- Never leave grill unattended when cooking
- Always open a gas grill lid before lighting it
- Keep your grill clean
- Should be kept away from anything that is combustible
- Never use lighter fluid on hot coals
- Do not lean over the grill when igniting or cooking



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# Thank you!

Contact:

Kara Garrett

(916) 531-7226

[Kara@ffburn.org](mailto:Kara@ffburn.org)

